



HEALTHIER WORKFORCE
CENTER of the MIDWEST

IOWA

Tippie College of Business

Remote Management as a *Total Worker Health*[®] Issue

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 **THE UNIVERSITY OF IOWA**

Addressing a pressing issue

- *Total Worker Health*[®] Approach + Business Focus
- Supervisors as a link to employee well-being
- Considering the context
- Most existing trainings are not evidence-based



Specific Aims

- Aim 1: Develop a training for supervisors of remote/hybrid workers balancing both well-being and productivity.
- Aim 2: Does the training improve supervisor well-being and the well-being of their workers?
- Aim 3: How does the training work to improve outcomes, and will it be similarly effective across contexts?

A Changing Future of Work

- Remote work and supervision as a test case for:
 - Partnerships: public and private, business and *Total Worker Health*[®], research and practice
 - Training future and present leaders on how to integrate *Total Worker Health*[®] principles into KPI and HR policies and procedures
- Opportunities on allyship and DEI principles, technology and automation/artificial intelligence

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